

NEW- FIRST AID IN SCHOOL TEACHING AND TRAINING  
2020-1-CZ01-KA229- 078299\_1



# *Our second mobility*

## Knjazevac, Serbia



**20-24 march 2022**

Co-funded by the  
Erasmus+ Programme  
of the European Union





The first day of our mobility introduced us to our partner school in Knjazevac. We were lucky to be welcomed in a traditional way, with bread and salt and the exquisite Serbian traditional costumes. Later that day, we took a walk through the beautiful little town and had the opportunity to learn a few Serbian words and to meet some nice locals.



We took part in two workshops related to the most recent news regarding providing first aid. We shared information about the status of First Aid classes in our schools and shared the joy of having the chance to learn a lot from the coordinating school, which has a lot of expertise and experience in the matter. The Latvian team offered a short, yet effective, training in Freepik. These activities allowed us to get to know each other a bit better and to communicate in English.





On our second day, early in the morning, we departed for a nearby ski resort. A few minutes of walking through the snow, and an admittedly breathtaking gondola ride later, we reached the top of the hill. The view was gorgeous - even more so than the ride before. As one would expect, the first thing we did was take some pictures. Once that was over with, and the presenting crew got in position, the next workshop started. The resort's mountain rescue service showed us their procedure in a variety of scenarios, including the degree of the injury, the weather, the slope's angle. In addition, besides sharing the information, there was a practical demonstration of said procedure on a volunteer. In order to descend the mountain, instead of simply taking the gondola ride back down, we opted for a refreshing hike down the snow slopes, which was surprisingly fun despite the cold and the fast skiers who passed us by closely. Our snowy walk resulted in some of us slipping down, which made it an even funnier experience.







The next day was also filled to the brim with activities. The first consisted of a walk around town, stopping to visit certain landmarks, including the Homeland Museum of Knjazevac, the house of Aca Stanojevic, and the Mayor's Office, where we were able to find out new things about Knjazevac from a local representative. After that, we visited the Sports Association, which took us by surprise with its state-of-the-art medical equipment. Not only was the spine-deformity measuring machine they owned the only one in the Balkans, but also diagnostic tests were free-of-charge for minors. Finally, we returned to school, where the teams formed on Saturday collaborated in order to create posters on certain first aid topics via Freepik.







The final day was a bit more relaxed and relaxing. After a short tour of an ancient spa, and a local kindergarten, we were allowed to roam around Sokobanja at our leisure for about an hour. Once the allotted hour had passed, we met for lunch at the Zelengora restaurant, and subsequently proceeded to Banjica SP Resort. Besides having time to swim in the pool, and warm up in the saunas, we also participated in the final workshop, explaining the procedure followed in the occurrence of drowning. At last, we revisited Timok Hotel for the certificate award ceremony.



Unfortunately, we had to say goodbye to each other as our departures were quite early in the morning. That said, the mobility ended, but the friendships we made will last a life time.

